

NO. 2025:5 | MAY 2025

# THE DELIVERER

A Monthly Newsletter of St. George Upper Darby



## **An Excerpt From the First Paschal Homily of St. Gregory the Theologian**

IT IS THE DAY OF THE RESURRECTION and my beginning has good auspices. Let us then keep the Festival with splendour, and let us embrace one another. Let us say “Brethren” even to those who hate us; much more to those who have done or suffered aught out of love for us. Let us forgive all offences for the Resurrection’s sake: let us give one another pardon . . .; that He Who today rose again from the dead may renew (us) also by His Spirit; and clothing (us) with the New Man, may give me to His New Creation, to those who are begotten after God, as a good modeler and teacher for Christ, willingly both dying with Him and rising again with Him.

Yesterday the Lamb was slain and the door-posts were anointed, and Egypt bewailed her firstborn, and the Destroyer passed up over, and the Seal was dreadful and reverend, and we were walled in with the Precious Blood.

*(continued on page 2)*

## **Services and Events**

### **Youth Choir Practice**

Sunday May 11<sup>th</sup> and 18<sup>th</sup>

### **Special Weekday Services**

Wednesday May 14<sup>th</sup> - Liturgy  
Feast of Mid-Pentecost 9:30am

Wednesday May 21<sup>st</sup> Liturgy  
Feast of Ss. Constantine and Helena  
9:30am

Thursday May 29<sup>th</sup>  
Feast of Ascension

(Continued from page 1)

Today we have clean escaped from Egypt and from Pharaoh; and there is none to hinder us from keeping a Feast to the Lord our God -- the Feast of our Departure; or from celebrating that Feast, not in the old leaven of malice and wickedness, but in the unleavened bread of sincerity and truth, and carrying with us nothing of ungodly and Egyptian leaven.

Yesterday I was crucified with Him; yesterday I died with Him; today I am quickened with Him; yesterday I was buried with Him; today I rise with Him. But let us offer to Him Who suffered and rose again for us --- you will think perhaps I am going to say gold, or silver, or woven work or transparent and costly stones, the mere passing material of earth, that remains here below, and is for the most part always possessed by bad men, slaves of the world and of the Prince of the world. Let us offer ourselves, the possession most precious to God, and most fitting; let us give back to the Image what is made after the Image. Let us recognize our Dignity; let us honour our Archetype; let us know the power of the Mystery, and for what Christ died.

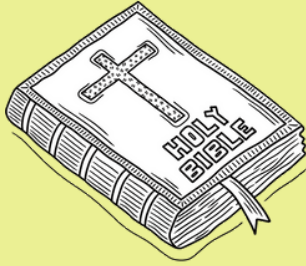
Let us become like Christ, since Christ became like us. Let us become God's for His sake, since He for our sake became Man. He assumed the worse that He might give us the better; He became poor that we through His poverty might be rich, He took upon Him the form of a servant that we might receive back our liberty;

**CHRIST IS RISEN!  
TRULY HE IS RISEN!**



He came down that we might be exalted; He was tempted that we might conquer; He was dishonoured that He might glorify us; He died that He might save us; He ascended that He might draw to Himself us who were lying low in the Fall of sin. Let us give all, offer all, to Him Who gave Himself a Ransom and a Reconciliation for us. But one can give nothing like oneself, understanding the Mystery and becoming for His sake all that He became for ours...

# May Greeters, Readers, and Coffee Hour



## Greeters & Readers

**May 4**

**Greeter:** Justine Leach  
**Reader:** Sheri San Chirico

**May 11**

**Greeter:** Faris Ibrahim  
**Reader:** Jerome Burke

**May 18**

**Greeters:** Teen SOYO  
**Reader:** ZuZu San Chirico

**May 25**

**Greeter:** The Gordon Family  
**Reader:** Matt Gordon

## Interested in being a Greeter?

Contact the Office Administrator at  
[office@saintgeorgeupperdarby.org](mailto:office@saintgeorgeupperdarby.org)

## Interested in being a Reader?

If you're interested in becoming a reader for the Epistle on Sunday, please contact the church office.

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## Coffee Hour Hosting Schedule

**May 4:** Team 1 (Last name A-D)

**May 11:** Team 2 (Last name E-I)

**May 18:** Team 3 (Last name J-M)

**May 25:** Team 4 (Last name N-Z)

Hosting coffee hour includes set-up and clean-up, as well as providing food. *Hosting is an opportunity to show hospitality to each other and is not intended to be a burden - please contribute in the way that you are able*



**Please return your “Food For Hungry People” alms.  
You can leave it with the Greeters in the Narthex.**

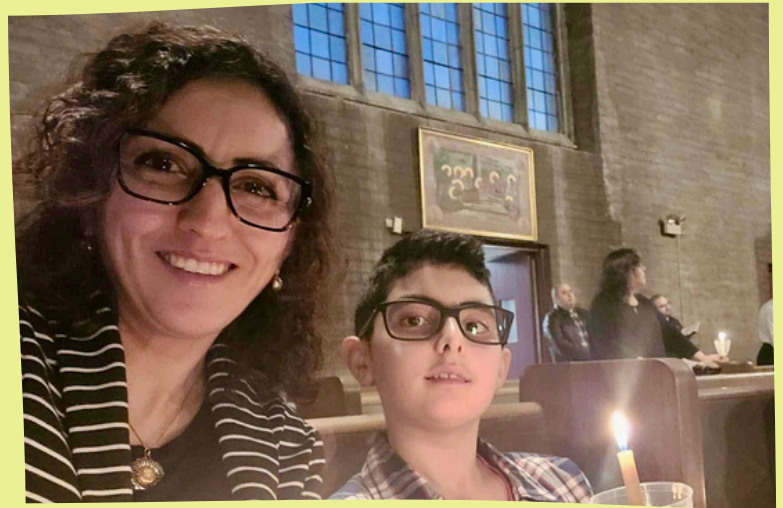
**THANK YOU!**



**Christ is Risen!**

**Truly, He is Risen!**

Palm Sunday, Holy Week, and Pascha Photos





YOU ARE CORDIALLY INVITED TO ATTEND

## *AWE Luncheon & Annual Meeting*

at the  
Dioceses of New York and Charleston &  
Mid-Atlantic Parish Life Conference  
Antiochian Village - Bolivar, PA

JUNE

THURSDAY 26 at 1:00 PM

2025

**GUEST SPEAKER FR. PAUL ABERNATHY**

*Finding Joy and Love Among The Broken Hearted*

Join Us in Creating Hygiene Kits for the Neighborhood Resilience Project

KINDLY PRE-REGISTER

REGISTRATION LINK OR SCAN QR CODE

Any questions, please contact [aweorthodox1973@gmail.com](mailto:aweorthodox1973@gmail.com)



**Save The Date!**

**Annual Parish Picnic  
at Ridley Creek St. Park**



**Sunday, October 5  
after Liturgy**



**Fall Retreat**

**Guest speaker Dr. Philip Mamalakis,  
author of *Parenting Toward the Kingdom: Orthodox  
Christian Principles of Child-Rearing***

*More details to follow.*

**Friday, October 17  
and  
Saturday, October 18**



“THE LORD’S ASCENSION IN THE BODY  
MADE THE ANGELS ASTONISHED AND  
AMAZED AS THEY SAW A MAN HIGHER  
THAN THEM.”

– METROPOLITAN BASILIOS OF AUSTRALIA,  
NEW ZEALAND AND THE PHILIPPINES

# MAY 2025

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Third Hour 9:30 a.m.	2	3  Chant Wkshp 4 p.m. Vespers 5 p.m.
4 Matins 9:30 a.m. Liturgy 10:30 a.m. Coffee Hour Team 1 (A-D) Parish Council	5	6 Orthros 9:30 a.m.  Akathist 7 p.m. <i>(online)</i>	7	8 Third Hour 9:30 a.m.	9	10 Chant Wkshp 4 p.m. Family Vespers 4:30 p.m. Family Ministry Potluck 5:30 p.m.
11 <i>Mother's Day</i> Matins 9:30 a.m. Liturgy 10:30 a.m.  Coffee Hour Team 2 (E-I)	12  Fellowship of St. Moses the Black 8 p.m. <i>(online)</i>	13 Orthros 9:30 a.m.  Choir 6:30 p.m. Akathist 7 p.m. <i>(online)</i>	14	15 Third Hour 9:30 a.m.	16	17  Chant Wkshp 4 p.m. Vespers 5 p.m.
18 <i>Last Day S.S.</i> Matins 9:30 a.m. Liturgy 10:30 a.m. Choir 6:30 p.m. Coffee Hour Team 3 (J-M)	19	20 Orthros 9:30 a.m.  Akathist 7 p.m. <i>(online)</i>	21 Liturgy for Ss Constantine & Helena 9:30 a.m.	22 Third Hour 9:30 a.m.  Young Family Book Group 8 pm <i>(online)</i>	23	24  Chant Wkshp 4 p.m. Vespers 5 p.m.
25 Matins 9:30 a.m. Liturgy 10:30 a.m.  Coffee Hour Team 4 (N-Z)	26	27 Orthros 9:30 a.m.  Akathist 7 p.m. <i>(online)</i>	28 Leavetaking of Pascha Liturgy 9:30 a.m.  Divine Liturgy for Ascension at <i>Holy Ascension Church in West Chester</i> 6:30 p.m.	29 Third Hour 9:30 a.m.	30	31  Vespers 5 p.m.